

Think Social 2012

The goal of the *Think Social '12 Program* is to foster in our students the skills required to achieve success in social situations. The realm of social competence is a difficult one, as we do not consciously “teach” social skills as we would math or reading.

Students will be immersed in learning through hands-on activities, games and role plays that will help them fit into some of the social situations they deal with and nurture their self-esteem to feel confident as well. Learning is so much fun that they don't know that they are learning.

Session 1: March 3

- Being Part of a Group
- Whole Body and Mind

Session 2: March 17

- Self-awareness and Self-monitoring
- Observing Others

Session 3: March 24

- Social Initiation Skills
- Dealing with Anger & Frustration

Session 4: March 31

- Communicating with Others
- Celebrating Success

Additional program information:

- 4 week program—running once a week every Saturday from 9:30am—12:30pm
- Red Deer Public Library—Snell Room
- Ages 7-9 years
- \$250 + \$40 LDAA Membership
- *In-take required; payment in advance upon acceptance following in-take.*



**For additional information or registration
Please contact us at:**

Phone: 403-340-3885

E-mail: programs@LDRedDeer.ca

Lower Level 3757 43 Avenue, Red Deer

Website: www.LDRedDeer.ca

**Register by February 17, limited to 10 children.*

This program is specifically designed for children **with learning disabilities and ADHD who have internalizing and externalizing social skills difficulties.**

External social skills—one or more of *dominating, hyperactive, impulsive, prone to outbursts, bossy, can make friends but has difficulty keeping them.*

Internal social skills—one or more of *shy, anxious, clingy, withdrawn, difficulty making friends, difficulty starting or joining conversations.*



LD Red Deer
Learning Disabilities Association of Alberta